

# High School Physics Activity

**Topic:** Friction and Forces

## ***Objective***

Students explore and understand concepts related to friction and forces.

## ***Materials***

- Notebook
- Lab materials
- Chart paper
- Markers
- Calculator

## ***Procedure***

1. Introduce friction and forces concepts.
2. Discuss real-life examples.
3. Observe demonstration or simulation.
4. Record observations.
5. Present findings.

## ***Observation / Notes***

Observation	Notes

## ***Discussion Questions***

- What is friction and forces?
- Where is it applied?
- What did you observe?
- Why is it important?

## ***Extension Activity***

Design a model demonstrating friction and forces.

## Friction and Forces Diagram

