

# High School Biology Activity

**Topic:** Food & Nutrition

## ***Objective***

Students explore and understand concepts related to food & nutrition.

## ***Materials***

- Biology textbook
- Notebook
- Chart paper
- Markers
- Internet access

## ***Procedure***

1. Introduce the concept of food & nutrition.
2. Discuss structures and functions.
3. Observe diagrams or models.
4. Students draw and label structures.
5. Present and explain findings.

## ***Observation / Notes***

Observation	Notes

## ***Discussion Questions***

- What is the importance of food & nutrition?
- How does it function in living organisms?
- Why should we study this topic?
- What careers relate to this area?

## ***Extension Activity***

Create a labeled model or diagram explaining food & nutrition and present it.

## Food & Nutrition Diagram

